

The Exchange Center for Child Abuse Prevention Services:

ASSESSMENT AND REFERRALS: Adult clients participate in a parenting, ACEs, and stress assessment in addition to a thorough biopsychosocial assessment. Counselors will work with the individual and or family to coordinate appointments upon request.

ADULT ANGER MANAGEMENT: A seven session course that meets weekly in the afternoon. The entire course cost \$70 cash. Please call The Exchange Center for registration information and the next available class start date.

BASIC PARENTING CLASS: A three session course that meets weekly in the afternoon. The Class is free. Please contact The Exchange Center for registration information and the next available class start date.

PARENT-AIDE: A FREE in-home support program for families who are at risk for abuse. Parents receive education from the Nurturing Parent Curriculum and learn about home management, budgeting, discipline and structure. Please call The Exchange Center for information on the program.

***MUST LIVE IN THE CITY LIMITS OF DOTHAN FOR PARENT-AIDE PROGRAM**

DOMESTIC VIOLENCE SUPPORT GROUP: FREE group therapy for survivors of domestic violence. The group meets every Thursday from 9:00AM to 10:30AM. Please call for more information.

TRAUMA COUNSELING: FREE Counseling for children and adult survivors of all forms of child abuse, domestic violence, and or sexual assault.

***COUNSELORS ARE LICENSED AND SPECIFICALLY TRAINED IN ACEs AND TRAUMA –INFORMED CARE**

(334) 671-1966

102 Morgan Street

www.exchangeap.org



Dothan, AL 36301

